

Frances Jones



Author Bio

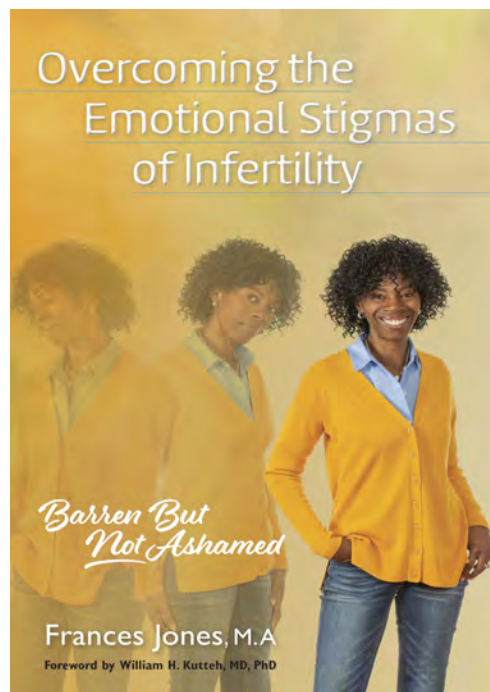
Frances Jones is a CEO, 2X Best-selling author, public speaker, advocate, and certified coach. She is a highly sought-after Key-note Speaker for various Women Empowerment summits and was televised live on Fox Soul's The Tammi Mac Late Show. She has been featured in countless media publications including ABC 24 Memphis News, NBC, CBS, FOX affiliates. She has been showcased on the cover of several distinguished national and international magazines. Frances was recently named Making Headline News Woman of the Year. She is the first woman in Memphis to receive this esteemed honor.

She holds master's degrees from the University of Mississippi in accounting and educational leadership. Frances is the founder of Heart Desires Fulfillment Coaching, LLC. She uses her story and the empowering lessons learned to inspire, motivate, and help others dealing with negative emotions and stigmas from infertility and other life challenges so they can have a fulfilled life. Frances lives in Memphis, Tennessee with her family. You can chat with her on Facebook and Instagram @heartdesirescoaching, Twitter @HeartDesiresFC, and LinkedIn @francesjones1. You can also visit her website at www.heartdesirescoaching.com.



Overcoming the Emotional Stigmas of Infertility: Barren But Not Ashamed

Author: Frances Jones
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Book Bio

Challenged as the only female in a fertile family that couldn't conceive, she hid her true feelings of shame, hurt, and disappointment behind a mask. In this inspiring story, one woman shares how she stopped the negativity of infertility from controlling her life, found purpose in her pain, and rose above obstacles to reclaim peace, joy, happiness, and fulfillment. Overcoming the Emotional Stigmas of Infertility is a self-help memoir of the author's over 20-year journey of never conceiving children. It contains the negative and self-tormenting emotions she endured while trying to have a child and building a blended family. The book offers tips to couples traveling a similar journey and emphasizes that maintaining self-esteem and self-worth are essential.

Contact: Call 855-738-5345 for more information