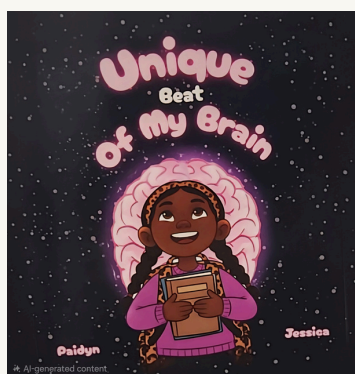


Meet the Authors

Jessica, a Memphian, School Social Worker, dedicated mother and wife who is very passionate about advocating for not only her students, but her own two children who are wired uniquely different, one gifted and one dyslexic. Jessica's mission is to turn her family's journey into a mission of advocacy.

Paidyn, a vibrant student, dancer, and daughter is a POWERFUL advocate for herself. She navigates the world with ADHD and Dyslexia, but she doesn't let those labels define her. Paidyn is here to show other children that even when the world doesn't understand your unique difference, you are not alone and your brain is awesome just the way it is!



About the Book....

Unique Beat of My Brain is a beautifully illustrated book that follows Paidyn and Jessica's journey as the two walk the paths of ADHD and the "puzzles" of dyslexia. It is told from the perspective of Paidyn finding her voice and Jessica finding the strength to support Paidyn as she faces academic challenges. The book shares the mother and daughter's experiences while navigating the challenges and demands of the educational world and serves as a toolkit to encourage self-advocacy and emotional resilience from a young age!