

BRENDA FAULKNER MILLS

Brenda Faulkner Mills is a Motivational Speaker, Author, Humanitarian, Entrepreneur, Mentor, and Educator residing in Memphis, Tennessee. A devoted wife, mother, and grandmother, she is known for her powerful ability to empower, educate, and inspire women from all walks of life.

Brenda's dynamic speaking style and compelling personal journey, marked by both tragedy and triumph, have made her a sought-after voice at women's conferences, churches, and events across the country. Through her signature motivational seminar, "The Ugly Duckling Process," she has helped countless women identify and overcome emotional and spiritual barriers, leading them toward healing and self-discovery. She is also the author of *I Kept a Secret: Stories of Pain, Denial, and Fear*, a deeply moving work that explores the power of truth, resilience, and redemption.

Unmasked is a series of essays where author Brenda Faulkner Mills continues to reveal real-life struggles, disappointments, and pains. Her goal is to encourage the reader to accept life struggles as inevitable with less stressful feelings by becoming more accepting of God's plan and purpose for our lives. Without this acceptance, masking was the only solution; however, Brenda contends that once you realize the mask is there, you will be able to lift it and embrace the possibilities of living a victorious life by simply being yourself.

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