



Hi, I am Amy. Like most of us, I am pretty busy playing multiple roles. My professional roles include being a licensed psychologist, psychology professor, consultant, presenter, and writer. I have written over 50 scientific papers and chapters about psychology. These days, I write less for scientists, and more for people who do not have that background (or aren't interested in using it). I have co-authored two books for parents, and I wrote a picture book series. I am interested in authoring stories that are equally entertaining and heartwarming!

Amy R. Murrell, Ph.D



The Becca Epps Series is a collection of picture books that explore the intersection of psychological science and daily life. Each book features relatable characters and engaging illustrations to help young readers and those who love them better navigate thoughts, feelings, and behaviors.