



Ariyana L. Rimson is a passionate speaker and the non-fictional author of "Be Anchored: 11-Week Journey to an Anchored Mindset." With a Bachelor of Science in Kinesiology and a Master of Social Work degree, Ariyana brings a unique perspective to her teachings. Central to her literary work is the principle of discipleship; she aims to share Scripture in a way that resonates with and inspires others to draw closer to the Lord. She enjoys watching documentaries, docudramas, and biopics, which enrich her understanding of diverse narratives.

# BE ANCHORED.

Ariyana Rimson took a leap of faith by listening to God, a journey that has profoundly shaped her spiritual walk since 2017. In her book, comprised of twelve chapters, Ariyana presents an eleven-week study that lays the groundwork for transforming one's mindset. Chapters one through eleven build a strong foundation, while chapter twelve serves as a call to action, urging readers to implement these lessons in their daily lives.

In the final chapter, Ariyana challenges readers to focus on one Scriptural passage each month, encouraging them actively participate in their spiritual transformation. She openly shares her own struggles, sufferings, and the spiritual revelations she has received, making this devotional both relatable and encouraging.

While reading this book can be a personal journey, Ariyana emphasizes the importance of community in growing one's faith. She believes that God desires for everyone to know Him and to make Him known throughout the world. The foundational verse guiding her writing is Matthew 28:19-20, which states: "Go therefore and make disciples of all nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age."

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Are you  
anchored?